

**WEEKLY SERVICES
AT THE SYNAGOGUE**

FRIDAYS:

See Calendar

SATURDAYS:

9:30 AM Services

CONGREGATION SHAARAY TEFILA

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OFFICE HOURS: Call or email for an appointment

FEBRUARY 2024



SHEVAT-ADAR I

5784



**STUDENT RABBI
NAFTALI HIRSCH**

We've turned the corner, past Hanukah's darkest night of the year, and while snow still glistens on the ground of Glens Falls, our ancestors were looking hopefully up at the trees - whose buds began to form on Tu biShvat (the 15th of the Hebrew month of *Sh'vat*). Maybe you took the opportunity to celebrate with a feast of some [dried] fruits, nuts, and grape juice or wine following the 16th Century Kabbalistic practice.

There is a lesser known set of kabbalistic practices for this time of year in communities like ours, which don't presume we live amongst the orchards of Spain, Morocco, and Tzfat, where pomegranates, citrus, or grapes grow into the darkest months. These are the practices of - בקשות *Bakashot* and - שובבים *Shovavim*. *Bakashot* began around the time of the Spanish expulsion (1492 CE) and really expanded amongst these same 16th Century Kabbalists. For communities all around the Mediterranean, the practice was one of singing *piyutim* (liturgical poetry) from the middle of the night into the dawn through each Shabbat of the *Yamei Geshem* - 'days of rain' from Simchat Torah until Pesah. It continues today, especially in centers like Istanbul, Ashdod, Montreal, and Jerusalem. Beautiful melodies accompany the *piyutim* and build through magic of these early hours, while cups of coffee or tea are passed out amongst the rows, all culminating in *Shacharit* prayers around dawn.

The practice of *Shovavim* circles more narrowly around this very time with its name being an acronym of the Torah portions of these 6 weeks: Shmot - שמות, era - וארא, Beshalah - בְּשַׁלַּח, Yitro - יִתְרוֹ, and Mishpatim - מִשְׁפָּטִים. During this time Kabbalists would fast from dawn until dusk on Thursdays and often Mondays, in order to focus more intently on their own actions and past mistakes. Indeed the word *Shovavim* means trouble-makers. There are also practices to remain

silent, fasting from speech, on Shabbat – except for words of prayer and Torah.

While many of us may not be looking for excuses to come to shul in the middle of the night or bring more fast-days into our ritual, I think these mystical practices continue to hold sway for so many because of the power there can be in coming together during the darkest times. The physical darkness may have been more weighty in the time before electricity lit up our long winter nights, yet this winter and many others bring cause for heavier hearts. Our tradition acknowledges this and these practices offer opportunities to look inward, individually, and to come together inside of ritual and community when shadows loom large. May we all find a little more solace inside of silence and comfort through poetry and song this month.

Student Rabbi Naftali Hirsch

**PRESIDENT
MARK HOFFMAN**



Welcome to new members Shmuel Stern, Patti Seratte, and Mike Kanofsky. They have all been part of our congregational community and it is a pleasure to welcome them as members.

Speaking of membership, I would like to stress the importance of building and maintaining an expansive Jewish community. It may seem obvious, but perhaps still needs to be stated, that size matters. While I love that our congregation is small and provides an environment where everyone is known, recognized, and valued for their unique identities, we do also benefit from the resources that can be drawn from a critical mass of involved congregants. Growing our congregation can be very helpful in enhancing social connections, deepening our leadership pool, expanding programming, and securing our finances.

Along these lines, I want to stress how important it is for each of you to be an emissary of the congregation. If Shaaray Tefila is making a difference in your life, don't keep it a secret. You might be surprised at what a positive reaction you receive when discussing the role our community can play. Whether they hear it directly from you or second hand from a conversation you have started, positive vibes can be contagious and can lead to a more expansive community, which can then make us even better at what we do.

I have found that direct personal contact is, by far, the most effective marketing tool. Nothing communicates inclusiveness better than a personal invitation. However, we also must not underestimate the value of electronic communications in getting the word out. One simple thing you can do would be to like and view our Facebook page <https://www.facebook.com/shaaray.tefila>. We also have a Facebook group, <https://www.facebook.com/groups/813233558883284>, called Shaaray Tefila Group, which you can join to add and view relevant posts and re-posts. If you would like to expand our social media or website presence, please contact me and we will be happy to help.

See you in shul!

Mark Hoffman



SISTERHOOD GREETINGS & NEWS

February Greetings,

Continued healing prayers to many Sisterhood, Synagogue and Temple members and friends.

Sisterhood extends deepest sympathy to Helene Rudnick's family and friends on her passing in Troy January 1st. (Helene was a cousin to Sunny Buchman and me through marriage to Alvin/Al Rudnick.) Helene was a longtime Sisterhood member and enjoyed assisting with bingo foods, Kiddush preparations, attending Saturday services and enjoying the luncheon.

The Congregation Shaaray Tefila/Temple Beth El combined Family Service in January was very well attended with the potluck dairy meals and Oneg enjoyed by everyone. The next Family Service will be February 2, at Temple Beth El, 6:15 followed

by the potluck dairy meals and Oneg.

Congratulations and Mazel Tov to Dr. Mark Hoffman on his retirement, over 40 years from the medical field (mostly private practice) then Glens Falls Hospital since 2011.

Thank you to January sponsors of Onegs & Kiddushes: Anonymous, Elaine & Salomon Charhon, Members & Friends of Sisterhood and Congregation Shaaray Tefila, Mike Kanofsky, Dan Shaham & Tal Klausner and Pat Balasuryia.

Many thanks to each one who shopped, helped prepare Onegs and Kiddushes, set foods out and assisted with many areas of clean up during January. You each know who you are. Your time and all you did was deeply appreciated!

What joy to see Mike Kanofsky and his adult children and Megan's fiancé, Hunter, at the January 19th Oneg. They visited the upstairs sanctuary which brought back to them many memories. Also visited the kitchen and reminisced about helping his mother and their Safta (grandmother) Shirley Kanofsky years ago taking food and items to the table for various holiday and Kiddush preparations. Labors of love!

Sisterhood warmly welcomes new members Mike Kanofsky and Shmuel Stern!

Mazel Tov to Chana Wasserman (Anna Johnson) on her marriage to Eyal David in Israel on January 24th. Look forward to your next visit. We miss you.

Hope your Tu B'Shevat Celebration of fruit and trees was enjoyable.

Please let Katie, Cher or me know your availability to help with February Oneg/Kiddush. I will be in FL. Your help will be needed and appreciated. Please see Mazel Tov for special birthdays in February within the Bulletin.

See the bulletin calendar and announcements for upcoming events and holiday service dates/times.

Please check out the gift shop for Shabbat, Birthday/Anniversary and Bat/Bar Mitzvah or other gift needs. Call Nancy Goldstein at 518-792-2700 or Katie 518-792-4945 with any questions.

Thank you again for your membership dues and Sisterhood support.

There will be a spring Sisterhood meeting. Which date will be better for you? April 7th or 14th at 3:00? Please let Katie or Bonnie know your preference. A hybrid meeting (in-person or with

ZOOM) will be available. Bring your ideas/input for discussions and plans for Sisterhood Art and Book Fair Fundraiser and other fundraisers.

Wonderful News: Thanks to the Jewish Federation of Northeastern New York, Sisterhood received a grant for Purim. If you are able and interested, please email co-chairs Bonnie (bonmayy@gmail.com) or Ellen Katz (lnkatz@gmail.com) to be part of the committee. Look forward to working with the Purim committee.

Safe times to each of us with recent real winter weather. Prayers for healing and more peace in the world.

Bonnie Yanklowitz, Sisterhood President

WE GRATEFULLY ACKNOWLEDGE THE FOLLOWING CONTRIBUTIONS

GENERAL FUND

In Memory of Ethel Levitt
Judy & Bob Korcz

In Memory of Diane Alkes
Diane Beale

CEMETERY FUND

In Memory of Harold & Anna B. Novitsky
In Memory of Max & Anna K. Novitsky
In Memory of Louis Novitsky
Herbert Novitsky



HAPPY ANNIVERSARY

Linda & Stephen Bush
February 6 * 52nd anniversary

Lorraine & Syd Hochman
February 24 * 44th anniversary



MAZEL TOV!

*Mazel Tov to Francine Torra
on her 75th birthday!*

MAZEL TOV!

*Mazel Tov to Jerrilyn Benson
on her 80th birthday!*

WEEKLY TORAH PORTION

Parashat Yitro

FEBRUARY 2, Candle lighting 4:49 PM

Torah Portion: [Exodus 18:1-20:23](#)

Haftarah: [Isaiah 6:1-7:6](#), [9:5-6](#)

Parashat Mishpatim

FEBRUARY 9, Candle lighting 4:58 PM

Torah Portion: [Exodus 21:1-24:18](#); [Numbers 28:9-15](#)

Haftarah: [Isaiah 66:1-24](#)

Parashat Terumah

FEBRUARY 16, Candle lighting 5:08 PM

Torah Portion: [Exodus 25:1-27:19](#)

Haftarah: [1 Kings 5:26-6:13](#)

Parashat Tetzaveh

FEBRUARY 23, Candle lighting 5:17 PM

Torah Portion: [Exodus 27:20-30:10](#)

Haftarah: [Ezekiel 43:10-27](#)



February 3

Jenna Wurzberger
Emily Frank
Monica Guglielmo

February 4

Tamar Wurzberger-
Choppa
Lyn Greene
Nancy Goldstein

February 8

Tal Klausner

February 9

Joseph Hoffman
Saundra Azmitia

February 10

Jordan Havens
Daniel Robitel
Mark Hoffman

February 13

Francine Torra
Valerie Hope

February 14

Roni Shaham

February 15

Sarah Antiles
Jerrilyn Benson

February 17

Arielle Silver
Samuel Silver

February 18

Jacob Barr

February 20

Sofia Choppa

February 21

John Guglielmo

February 24

Scott Paltrowitz

February 28

Ori Shaham
Alan Kaplan
Jay Bobbin



HONORABLE MENTCHEN:

Thank you to all who recently sponsored an Oneg or Kiddush:

- *Sponsored anonymously in honor of all Congregation Shaaray Tefila and Temple Beth El Members, Families and Friends*
- *Elaine & Salomon Charhon in memory of his father, Albert Charhon*
- *Members and Friends of Sisterhood and of Congregation Shaaray Tefila in honor of Dr. Mark Hoffman's retirement from Glens Falls Hospital*
- *Mike Kanofsky in loving memory of his wife Margaret Ross Kanofsky and his mother, Shirley Aronson Kanofsky AND in honor of his daughter, Megan & her fiancé, Hunter and Mike's son, Aaron & his partner, Alexa*
- *Dan Shaham & Tal Klausner in memory of Dan's father, Avraham Schwenk*
- *Pat Balasuriya in honor of her daughter, Esther and granddaughter, Matilda Rose Jordan*

If you would like to sponsor an Oneg or Kiddush, please contact Katie in the office.

WELCOME NEW MEMBERS!

Patti Seratte & Shmuel stern

Mike Kanofsky

THANK YOU!

Thank you for the books to the Eli Rudnick Holocaust section of the library (titles we do not have) from Stan Cianfarano, past President of the New York State Reading Association and Co-President of the Warren County Historical Association. He and his wife, Patsy have attended various synagogue programs in the past.



If you have an upcoming yahrzeit and need a minyan, please let us know.

CONDOLENCES

"Baruch Dayan HaEmet" (Blessed is the Judge of Truth) is traditionally what we say when we learn of someone's death.

Helene Rudnick passed away on Monday, January 1, 2024 at the age of 88.

Helene was predeceased by her husband, Alvin Rudnick and granddaughter, Edie Rudnick.

Survivors include her children, Rochelle (Allan) Filler, Judith (Diane Moskal) Rudnick and Howard (Jennifer Swezey) Rudnick, grandchildren, Joshua, Claire, Ethan and Gabe and sister, Lois Hellman

Congregation Shaaray Tefila and Sisterhood extend deepest sympathy to Helene's family and friends.

May the Source of Healing comfort the bereaved, together with the mourners of Zion and Jerusalem, and all who mourn.



Yahrzeit Record

FEBRUARY 2023

Thursday, 2/01/2024 * Shevat 22, 5784

**Esther Silverman
Carl Suckman**

Friday, 2/02/2024 * Shevat 23, 5784

**Isaac Alkes
Lena Shapiro**

Saturday, 2/03/2024 * Shevat 24, 5784

**Celia Frost
Maurice Lebowitz
Abraham Levitt
Anne Lucks**

Sunday, 2/04/2024 * Shevat 25, 5784

**Maurice Berman
Henrietta Beshor
Joan Charisse
Gustave Cohen
Henry Cohen
Ida Hoffman
David Levitan
Hinde Marcus
Joan Weill**

Monday, 2/05/2024 * Shevat 26, 5784

**Frances Fleming
Robert Weiner**

Tuesday, 2/06/2024 * Shevat 27, 5784

**Edith Kurzweil
Dora Mesnick
Sarah Suckman**

Wednesday, 2/07/2024 * Shevat 28, 5784

Edith Block

Thursday, 2/08/2024 * Shevat 29, 5784

Larry Berman

Reva Cohen

Ethel Juris

Friday, 2/09/2024 * Shevat 30, 5784

Philip Goldstein

Rose Greenberg

Henrietta Lebowitz

Saturday, 2/10/2024 * Adar I 1, 5784

William Drazin

Stewart Stern

Sunday, 2/11/2024 * Adar I 2, 5784

Chipe Yanklowitz

Monday, 2/12/2024 * Adar I 3, 5784

Irving Rosenberg

Lena Semelisky

Tuesday, 2/13/2024 * Adar I 4, 5784

Mollie Boorstein

Louis Markoff

Libby Yaffee

Hyman Zimmerman

Wednesday, 2/14/2024 * Adar I 5, 5784

Father Michael Abraham

Nathan Back

Charles Baron

Irene Brown

Libbie Levin

Moses Metzner

Miriam Schulman

Florence Stillman

Mary Aronson Yunich

Thursday, 2/15/2024 * Adar I 6, 5784

Eva Weinstein Alkes

Mary Kay Wishingrad Clark

Lawrence Levy

Marissa Reed

Friday, 2/16/2024 * Adar I 7, 5784

Belle Yanklowitz Suckman

Saturday, 2/17/2024 * Adar I 8, 5784

Peter Accardi

Milton Grunberger

Sunday, 2/18/2024 * Adar I 9, 5784

Vinona Hudson Farnsworth

Abraham Goldman

Nathan Pine

Perry Seaman

Jennie Solomon

Monday, 2/19/2024 * Adar I 10, 5784

E. Cohen

Wednesday, 2/21/2024 * Adar I 12, 5784

Morris Borlawsky

Joan Cavanaugh

Harry Greenberg

Thursday, 2/22/2024 * Adar I 13, 5784

Fannie Fiedel

Elizabeth Kraftchick

Bella Rosenberg

Saul Silverstein

Friday, 2/23/2024 * Adar I 14, 5784

Max Gottesman

Morris Kraftchick

David Rosenthal

Leo Samuel

Saturday, 2/24/2024 * Adar I 15, 5784

Mollie Kornetsky Borlawsky

Albert Kitmacher

Max Landsman

Eva Swirsky

Gladys Wurzberger

Sunday, 2/25/2024 * Adar I 16, 5784

Gloria Cohen Bittman

Nathan Suckman

Sarah Cohen Suckman

Monday, 2/26/2024 * Adar I 17, 5784

Morris Goldstein Bak

Lydia DelSignore Cifone

Jacob Goldman

Bessie Gould

Tuesday, 2/27/2024 * Adar I 18, 5784

Jeanne Crandall Mandwelle

Millie Braverman

Wednesday, 2/28/2024 * Adar I 19, 5784

Ann Ferber

Thursday, 2/29/2024 * Adar I 20, 5784

Isaac Swyer

Lila Weinstein

YAHREZEIT RECORD

MARCH 2024

Friday, 3/01/2024 * Adar I 21, 5784

Ida Freedman Pearlberg

Harry Kopelovitz

Lena Gould

Charles Furman

Philip Weinstein

Saturday, 3/02/2024 * Adar I 22, 5784

Samuel Luria

Percy Weinstein

Isadore I Cohen

Sunday, 3/03/2024 * Adar I 23, 5784

**Ella Pletman
Estelle Goldman
A Charles Hoffman
Walter Stern**

Monday, 3/04/2024 * Adar I 24, 5784

**Phillip Levitt
Joseph Klinetsky
Joseph Gerstein
Gertrude Juris**

Tuesday, 3/05/2024 * Adar I 25, 5784

Anna Chary

Wednesday, 3/06/2024 * Adar I 26, 5784

**Eda Shapiro
Regina Elliott
Max Stichman**

Thursday, 3/07/2024 * Adar I 27, 5784

**Stanley Seaman
Matthew Green
Gerald Miller
Morris Frost**

Beatrice (Bea) Kantrowitz

Friday, 3/08/2024 * Adar I 28, 5784

**Morris Goldstein
Benjamin Rosenstein
Edward Lippman-Podolnick
Howard Hirsch
Stephen Mayer Stillman**

Monday, 3/11/2024 * Adar II 1, 5784

**Mayer Wexler
Samuel Suckman**

Wednesday, 3/13/2024 * Adar II 3, 5784

**Bessie Baker
Michael Forman**

Thursday, 3/14/2024 * Adar II 4, 5784

Louis Markoff

Sunday, 3/17/2024 * Adar II 7, 5784

Bruce Rothstein

Tuesday, 3/19/2024 * Adar II 9, 5784

Dorothy Semisky Reinheimer

Thursday, 3/21/202 * Adar II 11, 5784

Seamon Silverman

Friday, 3/22/2024 * Adar II 12, 5784

Esther Suckman Connor

Sunday, 3/24/2024 * Adar II 14, 5784

Natalie (Ida) Yanklowitz

Monday, 3/25/2024 * Adar II 15, 5784

Rosalie (Rose) Goldstein Rothstein

Sunday, 3/31/2024 * Adar II 21, 5784

Frances Schwartz

**CLICK BELOW FOR YEAR 5784 HOLIDAYS
AND YAHRZEIT REFERENCES**

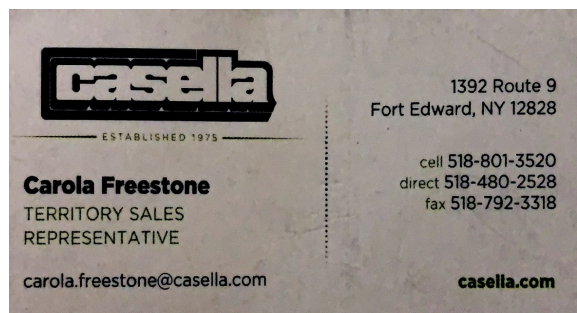
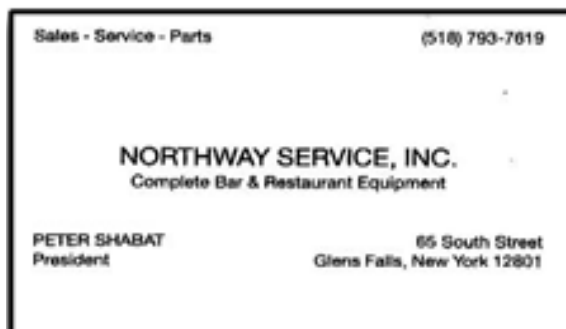
[YEAR 5784 YAHRZEITS – Alphabetical List](#)

[YEAR 5784 YAHRZEITS – Chronological List](#)

[YEAR 5784 HOLIDAYS & OBSERVANCES](#)

THANK YOU!

We appreciate our Bulletin sponsors! If you are interested in becoming a sponsor, please contact Katie in the office. Your business card or contact info will be advertised for one year.



FEBRUARY 2024.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 6:15 PM Family Service at Temple Beth El * Dairy Potluck Dinner * Oneg	3 9:30 AM Shabbat Service * Kiddush
4 9:15 AM Greater Glens Falls Hebrew School at Temple Beth El	5	6	7	8	9 6:30 PM Kabbalat Shabbat Service with Naftali Hirsch * Oneg	10 9:30 AM Shabbat Service with Naftali Hirsch * Kiddush
11 9:15 AM Greater Glens Falls Hebrew School at Temple Beth El	12	13	14	15	16	17 9:30 AM Shabbat Service * Kiddush
18	19 <i>Presidents' Day</i>	20 <i>Deadline to Submit Articles for the March Bulletin</i>	21	22	23	24 9:30 AM Shabbat Service * Kiddush
25	26	27	28	29		