

**WEEKLY SERVICES
AT THE SYNAGOGUE**

FRIDAYS:

See Calendar

SATURDAYS:

*9:30 a.m. In-Person
Services*

CONGREGATION SHAARAY TEFILA

68 Bay Street, Glens Falls NY 12801

Phone: (518) 792-4945 * Fax: (518) 792-5966

Email: cstgfny@gmail.com

Website: www.shaaraytefila-gfny.org

OFFICE HOURS: Call or email for an appointment

AUGUST 2021



**AV-ELUL
5781**



**STUDENT RABBI
DAVID JOSLIN**

Shalom everyone and Happy August /
Elul,

As I write this update, I have just finished honoring the saddest day in the Jewish calendar, Tisha B'Av, from the Old City in Jerusalem. While the month of Av brings us sorrow and anguish, the month of Elul is filled with a more hopeful spirit, as we slowly prepare ourselves for the Yamim Noraim-Days of Awe.

During the Shabbatot of August 6-7 (Parsha Re'eh) and August 27-28 (Parsha Ki Tavo), I will be leading services in person. As we push forward in both the desert and in the Book of Deuteronomy, we being to feel an increased sense of exciting energy. Moses's time is short in this world, and the Jews, no longer an unorganized group of godless, lawless Israelites, are posted to enter into the Promised Land. All we await is one last re-telling of our desert experience.

The month of Elul is one long, hurry-up and wait moment on the Jewish calendar. While we definitely benefit from the extra month to begin our Heshbon nefesh, the Fall's internal spiritual version of Spring cleaning, sometimes it feels as though we are spending the entire month of Elul just repenting for all our transgressions in preparation for Rosh Hashana and Yom Kippur. However, Elul is the perfect time of the year to look inward and re-evaluate how we spend our time. After a year of social distancing, working from home, spending more time with certain family members, and maybe a lot less time with other loved ones, we have all had to re-think our time management and scheduling priorities. Elul is about making commitments, and Tishrei is about being held accountable to those commitments. Let us use these

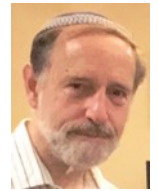
months to reestablish what matters and who matters the most in our lives, let them know it, and then make the time to show it.

As always, please feel free to reach out to me with any questions, comments, dilemmas, simchas, or oys, and we'll find a time to chat.

Chodesh tov,

Student Rabbi David
Benyisraeldavid@gmail.com

**SYNAGOGUE PRESIDENT
MARK HOFFMAN**



Thanks to David Joslin for an enlightening Tisha B'Av study session on July 18. Thanks also to all those who have attended our in-person and Zoom services. We tried our first in-person and Zoom combined service July 16 and it went more smoothly than I had expected. So we may be trying this again soon.

A special thanks to all who have been preparing onegs and kiddushes with Covid precautions and to those who help clean up. I know it is extra work but we appreciate the mitzvah you are doing by helping us create community with food after services.

On behalf of the congregation, I would like to express my condolences to the Kanofsky family on the passing of Margaret Kanofsky.

We are well into preparations for high holiday services, which will begin in early September, including a Selichot event with David Joslin Saturday evening, August 28. David will also be here for Rosh Hashana and Yom Kippur services, along with our cantor this year, Adah Hetko. We have been meeting regularly to plan for the best possible High Holiday experience for our community.

Mark Hoffman

SISTERHOOD GREETINGS & NEWS

August Greetings to each member and friend of Sisterhood.

Hope the Fast of Tisha B'Av went well.

Healing thoughts and prayers to many of our Sisterhood members, past members, families and friends. Special greetings go out to Ruth Goldman, Dolly Morrissey and Rose Rothstein in Florida. They appreciate all prayers with their health challenges at this time. They send regards and thanks to everyone.

Summer greetings to our Members/Friends of Congregation Shaaray Tefila who have moved from the area.

On behalf of Sisterhood, our deepest sympathy to the Kanofsky and Ross families on the passing of their beloved Margaret Ross Kanofsky. Our love and prayers to Michael, Aaron, Megan and the Ross family. Margaret was always there for our loving Sisterhood Matriarch, Shirley Kanofsky.

On behalf of Sisterhood, welcome to our new student Rabbi, David Joslin. I was away July 4th weekend and therefore look forward to meeting him the weekend of August 6th/7th. Please plan to attend services that weekend and all of August.

I was grateful that I could visit Ruth Goldman (and her twin sister, Roberta), Dolly Morrissey, Hilda Schwartz and Diane (Schwartz) and David Gellman, Judy Aronson (Shelley Goldman-Judy's daughter was visiting) and Marianne & Mark Aronson. Had a phone visit with Libby Levine. Her sister Rose Rothstein was with daughter, Cheryl at a Dr.'s appointment. Greetings from all of them. They really miss this community.

Watch for August/September announcements of an upcoming Sisterhood meeting.

Thank you to all who help shop, prepare food and assist with clean-up for Onegs and Kiddushes. Much gratitude for a recent anonymous donation for some Saturday Kiddushes. Many thanks! Also thank you to Laura and Elizabeth for sponsoring an Oneg in July and August.

Weeks are whizzing by and the High Holidays will be here soon.

Have a super, safe remainder of summer.

Bonnie Yanklowitz
Sisterhood President



HONORABLE MENTCHEN:

Thank you to all who sponsored an Oneg or Kiddush during July, including: Laura Fram, Ruth & David Musher, Congregation Shaaray Tefila & Sisterhood, and an anonymous donor!

AUGUST ONEGS & KIDDUSHES

SPONSORED BY:

Friday, August 6:

Oneg sponsored by Laura Fram in honor of Elizabeth Fram

Saturday, August 7:

Kiddush sponsored by an anonymous donor

Saturday, August 14:

Kiddush sponsorship available

Saturday, August 21:

Kiddush sponsorship available

Friday, August 27:

Oneg sponsorship available

Saturday, August 28:

Kiddush sponsorship available

Sponsoring an Oneg or Kiddush

Consider sponsoring an Oneg or Kiddush to honor or remember your loved ones for their birthdays, wedding or bar/bat mitzvah, anniversaries and yahrzeits. Contact Katie in the Synagogue office (cstgfnv@gmail.com or 518-792-4945) if you'd like to sponsor one. Thanks for supporting Sisterhood, as we support you!

CONDOLENCES

Margaret Ellen (Ross) Kanofsky passed away on July 7, 2021. Congregation Shaaray Tefila and Sisterhood extend deepest sympathy, love and prayers to her husband, Michael Kanofsky; her children: Aaron Kanofsky, and Megan Kanofsky, and the entire Kanofsky/Ross family.



CONGREGATIONAL ENGAGEMENT & COMMUNITY COORDINATOR

The world slowly opening up has brought a slew of new considerations (to mask or not to mask, booster vaccines, restaurants), and remnants of old concerns (variants, international travel, achieving herd immunity). Yet creation can withstand all odds and we have been able to adapt in ways we may never have considered. Although I am sure we can all agree on our collective Zoom fatigue, I am continuing to hold on to the convenience and the reach of Zoom meetings. I hosted a bi-weekly virtual somatic/moving meditation class on Sundays and Wednesdays as a pilot program. It was a welcome surprise seeing who turned up, and I enjoyed tailoring the class to different physical abilities. Have you found the freedom to connect to new people or reconnect to old friends with the advent of video meetings?

For me, July, and especially the month of Av, has been a whirlwind of activity- holidays, new family members, weddings, travel, booking gigs, and reaching professional turning points: [My Global Water Dance - NY event and photography made it into a NYTimes article](#). I've been cherishing rare moments of gathering. I'm deepening into my Jewish practice, making commitments to myself, finding what feels aligned with my values, and I'm learning more about myself. Whirlwinds are great when you're able to pause and see how much you've progressed. I'm giving myself permission to go at my own pace, trust the process, and not compare my journey to others' or to where I would like to be.

How are you approaching the new "opening up" phases of the world? How are you readjusting to the changes? How has your understanding of what community means shifted? What do you miss the most about socializing in the before-times?

We would love to support the creation of affinity groups on Zoom or in-person- is there anything you'd like to do with like-minded congregants? (Hiking, cooking/baking, music, anything!) Let us know and we will happily facilitate establishing groups.

I can be reached by email:
lucy.passaro09@gmail.com.

Shulamit (Lucy) Passaro



SUKKOT



Please contact Katie in the Synagogue office by August 16 to reserve your etrog and lulav for Sukkot. The standard set is \$32.00. It's a mitzvah to purchase your own set!



If you have an upcoming yahrzeit and need a minyan, please let us know.

פרשת השבוע
Weekly Torah portion

Re'eh

AUGUST 6, Candlelighting 7:52 PM

TORAH [Deuteronomy 11:26-16:17](#)

HAFTARAH [Isaiah 54:11 - 55:5](#)

Shoftim

AUGUST 13, Candlelighting 7:42 PM

TORAH [Deuteronomy 16:18-21:9](#)

HAFTARAH [Isaiah 51:12 - 52:12](#)

Ki Teitzei

AUGUST 20, Candlelighting 7:31 PM

TORAH [Deuteronomy 21:10-25:19](#)

HAFTARAH [Isaiah 54:1 - 54:10](#)

Ki Tavo

AUGUST 27, Candlelighting 7:19 PM

TORAH [Deuteronomy 26:1-29:8](#)

HAFTARAH [Isaiah 60:1 - 60:22](#)

KOSHER ORDERS

Kosher orders for June are due by **August 2**. Call **1-800-727-5674** to place an order. Pick up at Market 32, 677 Upper Glen St on **August 10**.





August 1
Samuel Barr
Ernest Robitaille

August 2
Rhoda Butler
Judy Korcz

August 3
Joshua Cohen

August 7
Dr. Alex Frank

August 8
Sarah Coleman
Libby Levine

August 11
Dr. Allan Korot

August 13
Ariel Frank

August 16
Emilia Goldenshtein

August 18
Angela Cohen

August 24
Elaine Sobel

August 25
Alan Kudan

August 26
Morgan Guglielmo
Deborah Robitaille

August 27
Shelle Kelz

August 30
Stephen Bush



HAPPY ANNIVERSARY

Joshua & Trina Cohen
August 5
9th anniversary

Michael & Jill Rubinstein
August 17
18th anniversary

Charles & Barbara Vengrove
August 19
67th anniversary



Nancy & Peter Kudan
August 20
49th anniversary

Aleksay & Victoria Goldenshtein
August 24
12th anniversary

WE GRATEFULLY ACKNOWLEDGE THE FOLLOWING THOUGHTFUL CONTRIBUTIONS GENERAL FUND

In Memory of Anna & Harold Novitsky
Herbert Novitsky

In Memory of Allen & Renee Wadler
Janet & Laurence Wadler

In Memory of Helen Straus
Leone Straus

In Memory of Margaret Kanofsky
Larry Greenberg
Arnold & Diane Alkes

In Memory of Barry Suckman
Arnold & Diane Alkes

SYNAGOGUE NEWS

We welcome member articles and news to our monthly Bulletin. We reserve the right to edit submissions for content and length. We reserve the right, at our discretion, to refuse to publish or remove any content we deem inappropriate. The monthly due date is usually the third Thursday of each month. Please submit items to: cstgfny@gmail.com. Thanks!

ANNOUNCEMENTS!

Do you know how to protect yourself in case something terrible were to ever happen? Learn self-defense techniques and protective strategies this summer with Mike Berkowitz!

On August 29th at 2:30 - 3:30 PM, Congregation Shaaray Tefila is hosting a free self defense/karate seminar at 68 Bay St, Glens Falls.

Mike Berkowitz is a 6th degree black belt training in Shukokai karate for 39 years. He is the Chief Instructor for the United States and official representative to Japan for the Yamada-Ha Shito-Ryu Shukokai Karate-Do Union.

Ages 12+. Vaccination cards will be required. Please refrain from attending if you feel ill or have a fever.

ISAAC GOLDSTEIN IS BECOMING A BAR MITZVAH

Gerry & Nancy Goldstein, Toby Goldstein and Erin Boland invite you to join them in celebrating Isaac Goldstein's Bar Mitzvah on Saturday, August 28, 2021 at 10:00 AM at Temple Beth El.

Please RSVP by Friday,
August 20, 2021 to
cstgfny@gmail.com.



"CLICK" FOR YEAR 5781 HOLIDAYS AND Yahrzeit REFERENCES

SAVE TO YOUR COMPUTER

YEAR 5781 Yahrzeits – alphabetical list

YEAR 5781 Yahrzeits – 2020-21 date list

YEAR 5781 HOLIDAYS & OBSERVANCES



Yahrzeit Record AUGUST 2021



*Sunday, 8/1/2021 * Av 23, 5781*

Aronson, Marilyn

Ashendorff, Rose

Yanklowitz, Anna

*Wednesday, 8/4/2021 * Av 26, 5781*

Stern, Leo

*Friday, 8/6/2021 * Av 28, 5781*

Landau, Hilel

Wachtel, Jacob Philip

*Saturday, 8/7/2021 * Av 29, 5781*

Gersten, Bella

Roth, Gordon

*Sunday, 8/8/2021 * Av 30, 5781*

Ferber, Max J.

*Wednesday, 8/11/2021 * Elul 3, 5781*

Kantrowitz, James Silas

Kirschenbaum, Eva

*Thursday, 8/12/2021 * Elul 4, 5781*

Silver, Issie (Ike)

Yaffee, Joseph J.

*Saturday, 8/14/2021 * Elul 6, 5781*

Rapaport-Pressman, Selma

*Sunday, 8/15/2021 * Elul 7, 5781*

Radin, Norman

*Monday, 8/16/2021 * Elul 8, 5781*

Abrams, Harry

Aronson, Evelyn

*Tuesday, 8/17/2021 * Elul 9, 5781*

Alkes, Roslyn

Aronson, George

Coleman, Paul

*Thursday, 8/19/2021 * Elul 11, 5781*

Kline, Rita

*Friday, 8/20/2021 * Elul 12, 5781*

Lorch, Irma

*Saturday, 8/21/2021 * Elul 13, 5781*

Novitsky, Harold

Zweibelson, Yetta

*Sunday, 8/22/2021 * Elul 14, 5781*

Kudan, Mary

*Monday, 8/23/2021 * Elul 15, 5781*

Diehl, Sharon

*Tuesday, 8/24/2021 * Elul 16, 5781*

Elliott, Eleanor

*Thursday, 8/26/2021 * Elul 18, 5781*

Bein, William

Chesler, Libbie

*Friday, 8/27/2021 * Elul 19, 5781*

Rosenthal, Sarah

*Saturday, 8/28/2021 * Elul 20, 5781*

Buchman, Samuel

Mandelbaum, Dr. Joseph

*Monday, 8/30/2021 * Elul 22, 5781*

Bein, Corrine

Fram, James

Fram, Tabitha

Gersten, Joseph

Stern, Selma



SEPTEMBER 2021



*Wednesday, 9/1/2021 * Elul 24, 5781*

Grunberger, Arthur

*Thursday, 9/2/2021 * Elul 25, 5781*

Blomberg, Rose

Rothstein, Harry

Rothstein, Shirley

*Saturday, 9/4/2021 * Elul 27, 5781*

LaRock (Cohen), Elias

Meltzer, Fannie

Scolnik, Steven

Welch, Gordon A.

*Sunday, 9/5/2021 * Elul 28, 5781*

Aronson, Carol Yanklowitz

Bobbin, Sarah

Haftner, Howard

*Monday, 9/6/2021 * Elul 29, 5781*

Krull, Isidore

Searleman, Belle

*Wednesday, 9/8/2021 * Tishrei 2, 5782*

Gersten, Ruth

Klein, Shirley

Yunich, David

*Thursday, 9/9/2021 * Tishrei 3, 5782*

Berkowitz, Meyer

Sitkoff, Ida

*Friday, 9/10/2021 * Tishrei 4, 5782*

Scolnik, Barry

Smith, Benny

*Saturday, 9/11/2021 * Tishrei 5, 5782*

Wachtel, Solomon

*Sunday, 9/12/2021 * Tishrei 6, 5782*

Eddleton, Anne

Greene, Florence

Slawsby, Arnold

*Tuesday, 9/14/2021 * Tishrei 8, 5782*

Cohen, Pearl

Kline, Jennie

*Wednesday, 9/15/2021 * Tishrei 9, 5782*

Berman, Meyer

Etu, Paul

Singer, Morton

*Thursday, 9/16/2021 * Tishrei 10, 5782*

Gottesman, Sylvia

*Friday, 9/17/2021 * Tishrei 11, 5782*

Yanks, Florence

*Saturday, 9/18/2021 * Tishrei 12, 5782*

Stillman, Nathan

*Sunday, 9/19/2021 * Tishrei 13, 5782*

Yaffee, Jean

*Thursday, 9/23/2021 * Tishrei 17, 5782*

Zweibelson, Samuel

*Friday, 9/24/2021 * Tishrei 18, 5782*

Israel, Rebecca (Becky)

Radin, Pearl

Weinstein, Israel

*Saturday, 9/25/2021 * Tishrei 19, 5782*

Chary, Louis

*Sunday, 9/26/2021 * Tishrei 20, 5782*

Aronson, Karen

Kaye, Frances

Kudan, Norman

*Tuesday, 9/28/2021 * Tishrei 22, 5782*

Aronson, Edward

Berkowitz, Beatrice

*Thursday, 9/30/2021 * Tishrei 24, 5782*

Aronson, Clara



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ANNOUNCEMENTS!

Virtual Meditation and Movement with Shula on Sundays at 11 AM. All ages and abilities are encouraged to attend!

Here is the zoom link:

[Sundays @ 11 AM Moving Meditation](#)

Meeting ID: 832 2443 3874 * Passcode: 251918

COLORING AND RECOMMENDED POEMS FROM SHULA PASSARO



Rosh HaShanah (Rosh HeShone)

To a new year that is good and sweet
with apples dipped in sticky honey
pomegranate seeds that stain—
the true fruit that tempted Eve.
For though we are imperfect and like
she
we owe apologies, we may remain
another year in this messy world.
Surely even God above must know
a sweet beginning is a sacred need.

Yom Kippur (Yom Kiper)

On this most holy of days we
determine
that we have not yet suffered enough,
that in our new lands of plenty,
only hunger brings purity.
A kind of return to Eden:
this gnawing simplicity.

Poems by Maia Evrona



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INTERESTED IN BEING A SPONSOR, PLEASE CONTACT THE
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AUGUST 2021

Check our weekly announcements and website for online Zoom event links.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 11 AM Virtual Somatic/ Meditation with Shulamit	2  Kosher Order Due	3	4 7:30 PM NextDor / Jewish Federation Speed Dating Event	5	6 7 PM In-Person Shabbat Service with David Joslin	7 9:30 AM In-Person Shabbat Service with David Joslin
8 11 AM Virtual Somatic/ Meditation with Shulamit	9	10  Kosher Delivery	11	12	13 6:30 PM Kabbalat Shabbat Service with David Joslin via Zoom	14 9:30 AM In-Person Shabbat Service
15 11 AM Virtual Somatic/ Meditation with Shulamit	16 Deadline for Etrog & Lulav Orders	17	18 7 PM Zoom Class with David Joslin (Teshuvah Made Meaningful)	19	20 6:30 PM Kabbalat Shabbat Service with David Joslin via Zoom	21 9:30 AM In-Person Shabbat Service
22 11 AM Virtual Somatic/ Meditation with Shulamit	23	24	25	26	27 7 PM In-Person Shabbat Service with David Joslin	28 9:30 AM In-Person Shabbat Service with David Joslin 7:30 PM Selichot Event with David Joslin
29 11 AM Virtual Somatic/ Meditation with Shulamit 2:30 PM Self Defense Workshop	30	31				