#### From the desk of

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## 1. Forward Focus | Exploring Religious Diversity in Israel | 4-Part Series Thursdays, March 4, 11, 18, 25 | 12:00 PM | Virtual | Free

Forward Focus is a four-part educational series that celebrates the incredible diversity of religious practice in Israel. Over the course of four days, experts, religious leaders, and changemakers will introduce us to some of the innovative approaches to Jewish learning and observance that Israel is home to today. Learn more and register here: <a href="www.jewishtogether.org/forwardfocus#join-us">www.jewishtogether.org/forwardfocus#join-us</a>

# 2. Saving Lives: Suicide Prevention & Mental Health in The Jewish Community Tuesday, March 9 | 7:00 PM | Virtual | Free

Suicide CAN be prevented. This evening will include AFSP's TalkSavesLives<sup>TM</sup> presentation that covers what we know about this leading cause of death, the most up-to-date research on prevention, and what we can all do to fight suicide. Participants will learn the common risk factors for suicide, how to spot the warning signs in others, and how to keep ourselves, our loved ones, and those in our community safe. A general Q & A will follow the presentation and members of JFS and Federation will be available to help answer any questions, especially related to the Jewish community specifically.

Register here: www.tinyurl.com/SavinglivesJFSNeny

# 3. SUPER SUNDAY 2021 Sunday, March 14 | Virtual

In this uncertain time, there's one thing you can be certain about. Jewish Federation of NENY answers the call when our community needs us most. WILL YOU? Support our community's largest virtual phon-a-thon of the year, and answer our call on Sunday, March 14.

Learn more here: <a href="www.jewishfedny.org/federation-events/super-sunday-2021">www.jewishfedny.org/federation-events/super-sunday-2021</a>

# 4. A Virtual Conversation with Suzi Weiss-Fischmann, Co-founder of OPI Sunday, March 14 | 5:00 PM | Virtual | Free

Suzi Weiss-Fischmann is a Jewish mother, a second-generation Holocaust survivor, author, co-founder, and national brand ambassador of OPI Nail Lacquer, and Women's Philanthropy of Northeastern NY is thrilled to partner with women from across the country for this special opportunity!

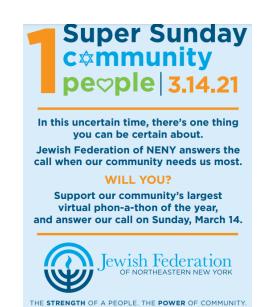
Register here: www.jewishfedny.org/federation-events/suzi-weiss-fischmann

### 5. Passover Virtual Cooking Demonstration with Chef Michael Solomonov Tuesday, March 16 | 8:00 PM | Virtual | Free

Join Jewish Federation of NENY, and other Federation's from across the country, for a LIVE Passover Cooking Demonstration! Learn to make Charoset, Mina with Ground Beef, Cardamon and Coffee, and red pepper salad with Michael Solomonov, Executive Chef and Co-owner of Zahav, the 2019 James Beard Foundation award winner for Outstanding Restaurant. He will dazzle in this virtual cooking event!

Register here: www.jewishfedny.org/federation-events/michael-solomonov-passover





Join Jewish Federation of NENY for these free, virtual events open to the community!



