The Anxious Child and the Crisis of Modern Parenting

Featuring Kate Julian, senior editor at The Atlantic

Free and open to the community!

Thursday, June 18

7:30 PM on Zoom

Being a parent or grandparent is a very rewarding job, but we all know it is NOT easy. Women's Philanthropy is so excited to announce our first virtual event, The Anxious Child and the Crisis of Modern Parenting with Kate Julian, that will take place on June 18 at 7:30 PM. We hope that both parents and grandparents, men and women, will join us for a discussion on a topic that is very relevant to so many of us.

Kate Julian will be discussing her recent Atlantic cover story, The Anxious Child and the Crisis of Modern Parenting, that explores why anxiety rates among children and young adults are on the rise, what we can do about it, and why the problem is so urgent.

New research suggests that childhood anxiety disorders can be a gateway to other mental health problems, including depression and addiction. Julian will discuss a promising new treatment that works directly with the parents of anxious children rather than the children, and what this treatment reveals about why modern childrearing is breeding so much anxiety in kids. Additionally, Julian will walk through concerns as they relate to the COVID-19 crisis.

Registration and more information:

<https://www.jewishfedny.org/community-calendar/the-anxious-child-and-the-crisis-of-modern-parenting>